

Sermon Based Study Questions for 3.22.2015 Sermon
One Step Behind Jesus: Overwhelming Prayer
Luke 22:39-46

There are times when life is overwhelming. You are not sure you can go on. Jesus knows how that feels, more than we can imagine! In our passage we get a glimpse of Him, unseen before in Luke's gospel, when He is overwhelmed. Watch how He responds...

Next Step: Cry out to your Father!

Ice Breaker Questions – (choose one to answer/ask)

- If prayer is NOT the 1st thing you turn to when faced with overwhelming life, what is?
- Describe a time in your life when prayer was the 1st thing you turned to.

Opening Questions

- Is there anything from Sunday's sermon that really stood out, made an impression, challenged or confused you?
- Is it upsetting or disappointing to you to see Jesus fearful or scared about dying?
- Which of these three things accomplished by Jesus' death are you most thankful for:
 - Receive the wages of sin - Romans 6:23
 - Experience God's wrath - Hebrews 12:9; Romans 2:5,9
 - Become sin for us - 2 Corinthians 5:21
- Is it a natural reaction for you to turn to your Heavenly Father 1st? Why or why not?
- Which of these ways Jesus prayed is easiest for you to do as well? Hardest?
 - Turn to your Father first - 1 John 3:1
 - Affirm that your Father is able - Luke 18:27
 - Ask your Father to change it - Luke 22:20
 - Submit to your Father's will - Hebrews 5:7

Growing Together

Bible Study

Read Luke 22:39-46

- What kind of temptation was Jesus worried about for the disciples? (v.40)
- What in Jesus' prayer to His Father is so exemplary for us when we pray and ask our Father for things? (v.42)
- Over what was Jesus in so much agony that He sweat drops of blood and an angel had to minister to Him? (vs. 43-44)
- How do you think Jesus felt when He found the disciples sleeping? (v.46)

Application

- Cry out to your Father about one item in particular that is so heavy on you that it feels you could sweat blood over it.
- If God is not providing a way out of a tough situation right now, is He providing a way through? How?

Scripture Memory – Luke 22:42

Growing Together