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# Setting the Lonely in Families\*

## PSALM 68:1-6

### Lean In

1. Has there ever been a time when you felt alienated from your family? What was that like?

### Look Down

Read Psalm 68:1-6

2. Which phrases in v.1-6 sing of God as a
  - a. Judge
  - b. Creator
  - c. Redeemer
  - d. Parent
3. Of all the ways the Lord God Almighty could have chosen to relate to humanity, why did God chose the language of family?
4. Think of the people in need in the following verses. List the feelings they must have experienced:
  - a. Psalms 10:14
  - b. Psalms 34:15, 17-19
  - c. Psalms 68:5-6
  - d. Psalms 146:7-9
  - e. Psalms 147:6
5. What do these same verses say about God's presence for those in need?
  - a. Psalms 10:14
  - b. Psalms 34:15, 17-19
  - c. Psalms 68:5-6
  - d. Psalms 146:7-9
  - e. Psalms 147:6

### Look Out

6. Besides Charles Mully, share of a modern-day example when God used somebody's past pain to give him/her purpose.

### Look In

7. Are you comfortable with the image of God as a Father? Why or Why not? If so, how have you experienced him in such a way?
8. Think of an unresolved painful experience. What is the next step in your healing process? How might your answers from question 5 above help you move forward?
9. Thinking of question number 4 above, how can God use your pain from the past to give you purpose? How might God use you in the future in the area(s) of your past pain?

*\*This study will be loosely based on Psalms 68:1-6 considering the nature of the service.*